



# Montessori School of Sudbury

## Menu Plan February 19th—February 23rd



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M. Snack</b>		Cereal & Fruit Water/Milk	Pancakes & Fruit Water/Milk	Cereal & Fruit Water/Milk	English Muffin & Fruit Water/Milk
<b>Lunch</b>	<b>Family Day Closed</b>	Gluten Free Pasta & Meat Sauce Salad & Bread Fresh Fruit Water/Milk	Beef Meatball Sub Carrots & Celery Sticks Fresh Fruit Water/Milk	Pizza Salad Cookie Water/Milk	Baked Pasta & Cheese Salad & Bread Water/Milk
<b>P.M. Snack</b>		Pickles, Cheese & Crackers Water	Yogurt & Crackers Water	Baked Loaf & Fruit Water	Veggie Sticks & Cheese Cubes Water

## Menu Plan February 26th—March 2nd

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M. Snack</b>	Cereal & Fruit Water/Milk	French Toast Water/Milk	Cereal & Fruit Water/Milk	Breakfast Muffin Water/Milk	Cereal & Fruit Water/Milk
<b>Lunch</b>	Soup & Crackers Turkey Sandwich Cucumber Slices Fresh Fruit Water/Milk	Veggie Lasagna Salad & Bread Fresh Fruit Water/Milk	Meatloaf & Mush- room Sauce Mashed Potatoes & Vegetables Fresh Fruit Water/Milk	Pizza Salad Cookie Water/Milk	Sloppy Joe's Salad Fresh Fruit Water/Milk
<b>P.M. Snack</b>	Apple Sauce & Crackers Water	Pickles, Cheese & Crackers Water	Baked Loaf & Fruit Water	Veggie Sticks & Cheese Cubes Water	Yogurt & Crackers Water