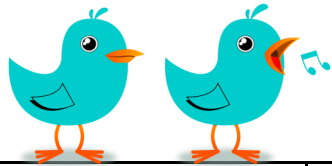


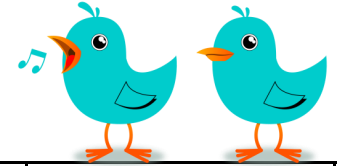
Montessori School of Sudbury

Menu Plan March 5th — March 9th

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	English Muffins Water/Milk	Cereal & Fruit Water/Milk	Waffles Water/Milk	Cereal & Fruit Water/Milk	Toast Water/Milk
Lunch	Macaroni & Cheese with Salad & Bread Fruit Water/Milk	Soup & Crackers Turkey or Ham Sandwich Cucumber Slices Fruit Water/Milk	Chicken Parmesan with Hash browns & Vegetables Fruit Water/Milk	Pizza & Salad Cookie Water/Milk	Hot Hamburgers with Gravy Mashed Potatoes & Vegetables Fruit Water/Milk
P.M. Snack	Bagels with Cream Cheese Water	Pudding Parfait Water	Nachos with Salsa or Cheese Water	Melons & Cheese Water	Chocolate Banana Loaf Water



Menu Plan March 12th — March 16th



	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Pancakes Water/Milk	Cereal & Fruit Water/Milk	Cereal & Fruit Water/Milk	Cereal & Fruit Water/Milk	Toast Water/Milk
Lunch	Soup & Crackers Sandwich Cucumber Slices Fruit Water/Milk	Spaghetti Salad & Bread Fruit Water/Milk	Tomato Soup Grilled Cheese Fruit Water/Milk	Pizza & Salad Cookie Water/Milk	Chicken Fingers French Fries Fruit Water/Milk
P.M. Snack	Apple Sauce Water	Veggies & Dip Water	Fruit Salad Water	Pickles & Cheese Water	Yogurt Water