

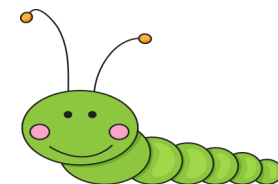
Montessori School of Sudbury

Menu Plan Week 3 - April 30th - May 4th, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Pancakes Water/Milk	Cereal & Fruit Water/Milk	Cereal & Fruit Water/Milk	Cereal & Fruit Water/Milk	Yogurt Water/Milk
Lunch	Mac & Cheese Salad & Bread Fruit Water/Milk	Chicken & Mashed Potatoes Vegetables Water/Milk	Soup & Crackers Turkey Sandwich Cucumbers & Fruit Water/Milk	Pizza & Salad Cookie Water/Milk	Fettuccine Alfredo Salad & Bread Fruit Water/Milk
P.M. Snack	Cheese & Grapes Water	Melons & Crackers Water	Pickles, Cheese & Crackers Water	Pudding Water	Ham & Cheese Cups Water



Menu Plan Week 4 - May 7th - May 11th, 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	French toast Water/Milk	Cereal & Fruit Water/Milk	Cereal & Fruit Water/Milk	Cereal & Fruit Water/Milk	Toast Water/Milk
Lunch	Soup & Crackers Turkey Sandwich Cucumbers & Fruit Water/Milk	Quesadilla Rice & Veggies Fruit Water/Milk	Pasta & Meat Sauce Salad & Garlic Bread Fruit Water/Milk	Pizza & Salad Cookie Water/Milk	Hot Hamburgers with Gravy Mashed Potatoes & Veggies Water/Milk
P.M. Snack	Mini Pizzas Water	Fruit Kabobs Water	Apple Sauce & Crackers Water	Rice Crispy Squares Water	PB & Banana Slic- es Water