


# Montessori School of Sudbury

## Menu Plan - Week 1 - December 30th - January 3rd, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M. Snack</b>	Cereal & Fruit Water	Waffles & Syrup Water		Cereal & Fruit Water	Yogurt Water
<b>Lunch</b>	Soup & Sandwich Crackers Fruit Milk	Chicken Fingers Fries Broccoli Fruit Milk		Pizza Cookie Milk	Pasta & Sauce Salad Fruit Milk
<b>P.M. Snack</b>	Applesauce & Cookie Water	Pickles, Cheese & Crackers Water		Cream Cheese Roll-Ups Water	Banana Loaf Water



## Menu Plan - Week 2 - January 6th - January 10th, 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M. Snack</b>	Toast & Toppings Water	Cereal & Fruit Water	Yogurt Water	Cereal & Fruit Water	Bagel & Toppings Water
<b>Lunch</b>	Roast Beef Sandwich Tomato Soup Fruit Milk	Meat Loaf Salad Bread Fruit Milk	Chicken Stew Bread Fruit Milk	Pizza Cookie Milk	Chicken Cacciatore Bread Fruit Milk
<b>P.M. Snack</b>	Muffin Water	Crackers & Cheese Water	Veggies & Dip Water	Nachos & Salsa Water	Fruit Cocktail Water