

Montessori School of Sudbury

Menu Plan - Week 1 - December 31st - January 4th, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	CLOSED	CLOSED	Yogurt & Berries Water	Cereal & Fruit Water	Bagels & Top- pings Water
Lunch			Chicken Stew Bread Fruit Milk	Chicken Rice & Veggies Fresh Fruit Milk	Chicken Cacciatore Bread Fruit Milk
P.M. Snack			Veggies & Dip Water	Nachos & Salsa Water	Fruit Cocktail Water



Menu Plan - Week 2 - January 7th - January 11th, 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Toast & Toppings Water	Cereal & Fruit Water	Yogurt Water	Cereal & Fruit Water	Bagels & Toppings Water
Lunch	Soup & Sandwich Fruit Milk	Meat Loaf Salad Bread Fruit Milk	Chicken Potatoes Vegetables Bread Fruit Milk	Pizza Cookie Milk	Chicken Cacciatore Bread Fruit Milk
P.M. Snack	Muffin Water	Crackers & Cheese Water	Veggies & Dip Water	Nachos & Salsa Water	Fruit Cocktail Water