

Montessori School of Sudbury

Menu Plan - Week 1 - November 26th - November 30th, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	English Muffin Water	Cereal & Fruit Water	Yogurt Water	Cereal & Fruit Water	French Toast Water
Lunch	Soup & Sandwich Fruit Milk	Sheppard's Pie Bread Fruit Milk	Hot Chicken Sandwich Potato Wedges Carrots Fruit Milk	Pizza Cookie Milk	Spaghetti & Meat Sauce Salad Fruit Milk
P.M. Snack	Muffin Water	Fruit Cocktail Water	Cookies Water	Veggies & Dip Water	Cheese & Crackers Water



Menu Plan - Week 2 - December 3rd - December 7th, 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Toast & Toppings Water	Cereal & Fruit Water	Yogurt Water	Cereal & Fruit Water	Bagels & Toppings Water
Lunch	Soup & Sandwich Fruit Milk	Meat Loaf Salad Bread Fruit Milk	Chicken Potatoes Vegetables Bread Fruit Milk	Pizza Cookie Milk	Chicken Cacciatore Bread Fruit Milk
P.M. Snack	Muffin Water	Crackers & Cheese Water	Veggies & Dip Water	Nachos & Salsa Water	Fruit Cocktail Water