

Cutting for Toddlers

Purpose: to prepare the child for learning how to use a real knife. It also helps to develop their fine motor skills by cutting the food. They also learn how to complete a task, concentrate and to be independent.

Directions:

First, the child will bring the materials to the table where you will demonstrate to the child how to put the pieces together. While the child is putting all of the pieces together, name the food on the tray. The next step is to demonstrate cutting the food with the wooden knife. Using your non-dominant hand to steady the wooden food and with the other hand; firmly apply downward pressure until the food slices are cut. Continue until all of the food on the tray has been sliced.

Miss Eve
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