

## Activity of the Week!

### Opening and Closing Fasteners using Dressing Frames

**Purpose:** The purpose of this activity is to help the child learn how to open and close fasteners such as buttons, snaps, zippers, hooks and eyes.

**Directions:** For this activity, the child will carry the dressing frame with both hands to a table. The child will unzip the zipper slowly, by pulling the zipper down to the bottom of the fabric with their thumb and primary fingers of their dominant hand. They will see that the zipper is undone by laying the fabric open. Once they have unzipped the zipper they will move on to learning how to zip up the zipper. The child will connect the zipper with the thumb and primary fingers of their dominant hand and then slowly pull up the zipper. Once the zipper has reached the top the child will know they have closed the zipper.

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