


Montessori School of Sudbury

Menu Plan - Week 3 - December 22nd - December 26th, 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
A.M Snack					
Lunch					
P.M. Snack					



Menu Plan - Week 4 - December 29th, 2025 - January 2nd, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. Snack	Cereal & Fruit Water	Yogurt with Dairy Alternative & Arrowroot Water	Toast & Toppings Water		Pancakes & Syrup Water
Lunch	Soup & Sandwich Fresh Fruit Coconut Milk	Hamburger on a Bun, & Vegetables Fresh Fruit Coconut Milk	Hot Chicken Sandwich, Mashed Potatoes & Vegetables Fresh Fruit Coconut Milk		Pizza Fresh Fruit Cookie Coconut Milk
P.M. Snack	Fruit & Arrowroots Water	Cookie & Applesauce Water	Granola Bars & Fruit Water		Rice Cake & Cucumbers Water

Please note that all items on the menu are dairy free.

Update:07.29.2024