

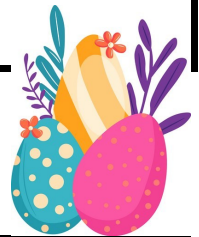
Montessori School of Sudbury

Menu Plan - Week 1 - March 30th - April 3rd, 2026

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|--|---|---|---|
| A.M Snack | Cereal & Fruit Water | English Muffin Fruit Water | Yogurt & Arrowroot Water | Cereal & Fruit Water | |
| Lunch | Soup & Sandwich Fresh Fruit Milk | Shepherd's Pie Bread Fresh Fruit Milk | Baked Lazy Lasagna, Bread Vegetables Fresh Fruit Milk | Hamburger on a Bun, Potatoes, Vegetables Fresh Fruit Milk |  |
| P.M. Snack | Fruit & Arrowroot Water | Muffin & Fruit Water | Cookie & Applesauce Water | Granola Bar & Fruit Water | |



Menu Plan - Week 2 - April 6th - April 10th, 2026



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|--|--|---|--|
| A.M. Snack | | English Muffin & Toppings Water | Toast & Toppings Water | Cereal & Fruit Water | Pancakes & Syrup Water |
| Lunch |  | Meatballs & Gravy, Mashed Potatoes, Vegetables Fresh Fruit Milk | Chicken Parmesan, with Noodles, & Vegetables Fresh Fruit Milk | Hamburger on a Bun, Potatoes, Vegetables Fresh Fruit Milk | Pizza Fresh Fruit Cookie Milk |
| P.M. Snack | | Granola Bar & Fruit Water | Muffin & Fruit Water | Meat, Cheese & Crackers Water | Bagel & Toppings Water |