

# Montessori School of Sudbury

## Menu Plan - Week 3 - May 11th - May 15th, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M Snack</b>	Cereal & Fruit Water	Toast & Toppings Water	English Muffins Water	Cereal & Fruit Water	Waffles & Applesauce Water
<b>Lunch</b>	Soup & Sandwich Fresh Fruit Milk	Honey Garlic Meatballs, Potatoes Vegetables Fresh Fruit Milk	Pasta with Meat Sauce, Cucumbers Bread Fresh Fruit Milk	Hot Hamburg, Mashed Potatoes & Vegetables Fresh Fruit Milk	Chicken with Veggie Pasta, Corn on the Cob Fresh Fruit Milk
<b>P.M. Snack</b>	Cookies & Applesauce Water	Yogurt & Arrowroots Water	Muffin & Fruit Water	Meat, Cheese & Crackers Water	Granola Bar & Fruit Water



## Menu Plan - Week 4 - May 18th - May 22nd, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A.M. Snack</b>		Yogurt & Arrowroot Water	Toast & Toppings Water	Cereal & Fruit Water	Pancakes & Syrup Water
<b>Lunch</b>		Hamburger on a Bun, & Vegetables Fresh Fruit Milk	Chicken & Side sauces, Rice & Vegetables Fresh Fruit Milk	Meatballs, Potatoes & Vegetables Fresh Fruit Milk	Pizza Fresh Fruit Cookie Milk
<b>P.M. Snack</b>		Cookie & Applesauce Water	Granola Bars & Fruit Water	Meat, Cheese & Crackers Water	Rice Cake & Cucumbers Water